REGISTERED COMPANY NUMBER: 04341309 (England and Wales)
REGISTERED CHARITY NUMBER: 1094046

REPORT OF THE TRUSTEES AND

UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2022

FOR

HEADWAY HERTFORDSHIRE LIMITED

Wags LLP t/a Wagstaffs
Richmond House
Walkern Road
Stevenage
Hertfordshire
SG1 3QP

HEADWAY HERTFORDSHIRE LIMITED

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FOR THE YEAR ENDED 31ST MARCH 2022

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REFERENCE AND ADMINISTRATIVE DETAILS
FOR THE YEAR ENDED 31ST MARCH 2022

TRUSTEES	Gary Bell (appointed 3/22) Adrian Laycock (resigned 19/10/21) Christopher Williamson (resigned 19/10/21) Vincent Molloy Bruce St Leger Rachel Campbell (resigned 1/1/22) Angela Beric Nikola Baines Sonia Woodward Marian Ferguson (appointed 29/3/22)
COMPANY SECRETARY	Angela Beric
REGISTERED OFFICE	Suite 3a 30 Bancroft Hitchin Hertfordshire SG5 1LA
REGISTERED COMPANY NUMBER	04341309 (England and Wales)
REGISTERED CHARITY NUMBER	1094046
INDEPENDENT EXAMINER	Wags LLP t/a Wagstaffs Richmond House Walkern Road Stevenage Hertfordshire SG1 3QP
BANKERS	CAF Bank Limited 25 Kings Hill Avenue Kings Hill West Malling Kent

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31st March 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Chairman's Foreword

In my first year as Chairman I am delighted to be able to comment on the way in which Headway Hertfordshire has continued to thrive following the unprecedented times of the pandemic. Through the dedication and hard work of the entire team we have continued to provide invaluable services to our clients and have adapted to the ever-changing landscape we face. Our innovative solutions and our flexibility of approach has allowed us to remain close to our clients, responsive to their needs and available when and where we are needed.

Like all sectors, the charitable sector is still recovering from the after-effects of the pandemic and we very much appreciate our base of loyal supporters. Our targeted approach to fundraising has also meant we have the financial security we need to succeed and remain in a strong position.

Every year our strategic funding has been complemented by a whole host of initiatives such as fun runs to marathons to community festivals, quizzes and bowling events, which are only possible with the involvement of people from across the county. The blend of funding options enables us to remain a diverse and successful organisation.

In making my comments I want to offer a note of heartfelt gratitude to everyone associated with Headway Hertfordshire. Through a blend of Zoom and in person meetings we have been able to optimise our client facing time.

Headlines of our achievements include:

- Our brilliant volunteers put in 605 hours of their time to help in a variety of ways
- Our team did 1085 hours of training to improve their knowledge and skills
- We made 970 phone calls and sent 417 texts plus 1628 contacts via email or letter
- We accepted 113 from 115 referrals and referred 78 to other agencies and signposted 21 clients to other services
- Via Zoom we held:
    - 13 Habit Workshops which included 16 participants and 95 attendees
    - 42 Carer Support Events with 27 participants
    - 27 Client Support Events with 22 participants
    - 1 Cogmed Event for 1 participant
    - 15 SC assessments with 15 participants
- Face-to-face we held:
    - 267 Habit 1-2-1 Sessions with 28 participants
    - 7 groups participated in 67 peer support sessions with 119 participants
    - 110 counselling sessions for 27 clients and carers
    - 24 seated yoga classes with 204 attendances and 14 participants
    - 15 Carer Education Classes across 83 events and 22 participants

We have continued to manage our sphere of influence with local MPs and County councillors and have also further deepened relationships within Hertfordshire County Council, MIND, the Stroke Association and other key agencies in the county. We are looking forward to growing our relationships to include corporates and other potential supporters at the same time as increasing our profile through managed media activity.

I am confident and optimistic of another successful year ahead. We have all the right attributes: a dedicated team of highly skilled and experienced staff at all levels; wonderful volunteers and supporters; flexible and dynamic ways of working with innovative solutions; and a strong financial position.

Gary P Bell
Chair of Trustees
October 2022

Objectives and activities
Objectives and aims
Background

Anyone can acquire a brain injury at any time in their lives. People with an acquired brain injury often experience:
o Anxiety, depression, loss of motivation, difficulty controlling anger, and impulsivity
o Problems with memory, attention and concentration, low tolerance of noisy or stressful environments, loss of insight and initiative.
o Loss of co-ordination, muscle rigidity, paralysis, epilepsy, difficulty in speaking, loss of sight, smell or taste, fatigue, and sexual problems.
o Relationship difficulties with family and friends, which can be placed under immense strain. Relatives report that the ten most difficult problems are personality changes, slowness, poor memory, irritability, bad temper, tiredness, depression, tension and anxiety, rapid mood changes, and threats of violence.
o Longer term impacts on their ability to return to their previous level of function and quality of life. This includes their ability to attain, or retain, employment or education.
Members of the Hertfordshire ABI Steering Group estimate that 5000 people suffer a traumatic or acquired brain injury in the county every year. Of these, approximately 2500 would fall within the remit of our work.

Our charity's purposes as set out in the company's Memorandum of Association are to:
Relieve persons who are over 18 and resident in Hertfordshire who have suffered a brain injury, their families, carers and other related professionals by the provision of such information, service and facilities as the trustees from time to time determine.

Headway Hertfordshire's Vision
Currently, Headway Hertfordshire works with approximately 270 people each year and our aim is to expand our reach a support more people in the years ahead.

To achieve our aim we will:

o Look to activate chargeable services wherever possible whilst being understanding of our clients' unique situations, ability to pay and the timings of any financial contribution.
o Make our charity more attractive to new investors and sponsors, showing them clearly the difference we make to people's lives who are affected by a brain injury.
o Develop our approach to driving and maximizing our fundraising channels.
o Improve our visibility and become known as the organisation of choice in Hertfordshire for those with a brain injury who need expert support, education and encouragement.
o Develop and launch new services that reflect the identified needs of our clients and will include a Family support programme, a Physiotherapy programme and a SALT (Speech And Language Therapy) programme.

We will, of course, focus on having policies and procedures that meet any relevant legislative changes and enhance our service delivery quality standards.

Our vision statement
To be the support organisation of choice for all those over 18 affected by an acquired brain injury living in Hertfordshire.

Our mission statement
To promote awareness and understanding of all aspects of an acquired brain injury and to provide information, support and services to people with an acquired brain injury, their families and carers in Hertfordshire.

Our core values and purposes
Professional
We run Headway Hertfordshire as a sustainable charitable business, managing our finances and services responsibly and in the best interests of those who use our services.

Friendly
We are approachable, friendly and offer a safe, comfortable community of support where people feel welcomed, accepted and understood.

Client focused
We deliver accessible, tailored services and respond to the clearly defined individual needs, circumstances and views of our clients and are primarily accountable to them.

Respectful
We respond to our clients and colleagues as valued human beings, treating them with dignity and respect. Whilst we recognise each person as unique, we seek to promote equality of access in the wider community.

Public benefit
The trustees have complied with the duty in section 4 of the Charities Act 2011 and have regard to the public benefit guidance as issued by the Charity Commission as shown in the objectives above.

We have referred to the guidance on public benefit when reviewing our aims and objectives and in planning our future activities in particular, the Trustees consider how planned activities will contribute to the aims and objectives that they have set.

This public benefit statement forms the basis for all judgements regarding operational reports to the Board meetings, in order to be reassured that the facilities and services currently managed by the charity continue to meet these criteria. At these meeting, the Financial Controller also presents the quarterly financial position including taking account of any restricted funds and the Charity's status as a going concern.

Structure, governance and management
Governing document
The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

The organisation is a charitable company limited by guarantee, incorporated on 17th December 2001 and registered as a charity on 4th October 2002. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under Articles of Association.

Structure, governance and management
Recruitment and appointment of new trustees
The directors of the company are also charity trustees for the purposes of charity law. Under the arrangements agreed at the last AGM, trustees can serve for three terms of three years.

All members of the trustee board give their time voluntarily and receive no benefits from the charity. Any expenses claimed from the charity are set out in note 7 of the accounts.

The trustee board seeks to ensure that the needs of the beneficiary group are appropriately reflected though the diversity of the trustee body and ensures that at least one service user sits on the board at any one time.

The more traditional business skills are well represented on the board. In an effort to maintain this broad mix, trustees are required to provide a list of their skills and to update it each year. In the event of particular skill shortage, new individuals are approached to offer themselves for election to the board.

In the 2021/22 financial year three board member resigned (A. Laycock, R.Campbell, C. Williamson). F. Anwar has been retained by the board as a special advisor on brain injury matters. Two new trustees joined the board (M. Ferguson and G.Bell) The board otherwise remained stable with a strong expertise across a broad set of skills.

Structure, governance and management
Organisational structure
At the start of 2020/21 Headway Hertfordshire employed nine staff (a full time chief executive, two support coordinators (one full and one part time) four occupational therapists (one full time and three part time), a part time office manager, a finance manager for one day a week. Their work was supported by a core team of six freelance counsellors and 10 excellent volunteers.

The Chief Executive, John Archer, has now been in post since November 2016 and continues to support, re-organise and strengthen the front line team whilst concentrating on ensuring adequate resources are in place and the name and positive reputation of Headway Hertfordshire is well known and appreciated throughout the county.

Our service delivery model

Due to lessons learnt during the pandemic the delivery model underwent some significant changes in the year under review and is now a refined mixture of face to face and virtual interactions with our clients and carers. We continue to risk assess the best way to meet each individual client's needs to create the best mix of face-to-face meetings either at a client's home or on community group settings or virtual communications via Zoom or telephone.

o Referrals to Headway Hertfordshire can be made by health or social service professionals, family members or clients themselves.
o Initial referrals go to our support coordinators, following discharge from acute or community NHS treatment or care or through self-referrals from our website or a local GP or Social Worker via social prescribing
o Our support coordinators provide information and advice, including self-help materials about brain injury and how to deal with the effects, understanding the care pathway in Hertfordshire and how to access relevant statutory and voluntary sector services.
o We signpost to speech therapists and physiotherapists, Hertfordshire's NHS Acquired Brain Injury team and local voluntary organisations, throughout the county.
o We provide counselling via face to face, telephone or Zoom calls to clients and or carers, where required and if funding is available.
o Regular contact calls are made via telephone or Zoom by our support coordinators or our pastoral care volunteer where clients and/or carers require 1:1 support.
o We run both virtual and face to face rehabilitation group sessions for clients which provide a break for carers. Sessions include exercises to improve memory and reduce stress, art, music and physical activities.
o We run regular Carers' Education Groups via Zoom conference calls to help carers understand brain injuries and their effects.
o We offer peer support activities, throughout the county. These are facilitated our support coordinators supported by volunteers, many of whom have had a brain injury themselves and take place in a variety of community settings
o Approximately 30% of clients, working directly with our occupational therapists (OTs) , will be supported onto our HABIT programme, which is designed to help people with a brain injury understand their injury, deal with the affects and prepare for work, training, volunteering or other meaningful activity.
o Our OTs undertake cognitive and mood assessments, using ACE, COPM and LIKERT scales and cognitive screening to check suitability/ motivation. They help clients signed up to the HABIT programme to set goals and score their achievements via either virtual group sessions or face to face enhanced 1-2-1 meetings.
o Our OTs support user-led training and peer support work and provide education about brain injury and its effects and rehabilitation workshops - e.g. dealing with fatigue and life skills development.

Structure, governance and management

o Clients on the HABIT programme are supported to access meaningful occupation e.g. volunteering, paid employment, training or physical activities.
o The trustees have complied with the duty in section 4 of the Charities Act 2006 and have regard to the public benefit guidance as issued by the Charity Commission.

Financial review

Reserves policy
The board of trustees determined that the reserves should be maintained at a level which ensures that Headway Hertfordshire's core activity could continue during a period of unforeseen difficulty. The trustees examined the charities requirements for reserves in the light of main risks to the organisation and established a policy whereby the unrestricted funds, not committed, should be three months of expenditure. The board of trustees reviews their reserves policy annually. Current unrestricted reserves held cover the reserves policy.

Review of financial statements
During 2021/22 the charity made a deficit of £92,631. A surplus of £161,017 was made in 2020/21.

The total funds as at the year end 31st March 2022 were £108,020 (2021 £200,651).

Risk management
The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error. The risk register is reviewed and amended on an ongoing basis.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 18.10.2022 and signed on its behalf by:

Gary P Bell
Chair of Trustees

Independent examiner's report to the trustees of Headway Hertfordshire Limited ('the Company')
I report to the charity trustees on my examination of the accounts of the Company for the year ended 31st March 2022.

Responsibilities and basis of report
As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement
I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Stuart Cuzner
FCCA ACA
Wags LLP t/a Wagstaffs
Richmond House
Walkern Road
Stevenage
Hertfordshire
SG1 3QP

Date: 25/10/2022

HEADWAY HERTFORDSHIRE LIMITED

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31ST MARCH 2022

	Notes	Unrestricted fund £	Restricted fund £	**2022 Total funds £**	2021 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	3	**185,460**	**18,250**	**203,710**	418,087
Other trading activities	4	**6,787**	**-**	**6,787**	4,440
Investment income	5	**21**	**-**	**21**	38
Total		**192,268**	**18,250**	**210,518**	422,565
EXPENDITURE ON					
Charitable activities	6				
HCC contract		**-**	**-**	**-**	938
Cost of charitable activities		**187,094**	**116,055**	**303,149**	260,610
Total		**187,094**	**116,055**	**303,149**	261,548
NET INCOME/(EXPENDITURE)		**5,174**	**(97,805)**	**(92,631)**	161,017
RECONCILIATION OF FUNDS					
Total funds brought forward		**90,432**	**110,219**	**200,651**	39,634
TOTAL FUNDS CARRIED FORWARD		**95,606**	**12,414**	**108,020**	200,651

The notes form part of these financial statements

STATEMENT OF FINANCIAL POSITION
31ST MARCH 2022

	Notes	Unrestricted fund £	Restricted fund £	2022 Total funds £	2021 Total funds £
CURRENT ASSETS					
Debtors	10	**30,805**	-	**30,805**	450
Cash at bank		**71,916**	**16,967**	**88,883**	206,980
		102,721	**16,967**	**119,688**	207,430
CREDITORS					
Amounts falling due within one year	11	**(7,115)**	**(4,553)**	**(11,668)**	(6,779)
NET CURRENT ASSETS		**95,606**	**12,414**	**108,020**	200,651
TOTAL ASSETS LESS CURRENT LIABILITIES		**95,606**	**12,414**	**108,020**	200,651
NET ASSETS		**95,606**	**12,414**	**108,020**	200,651
FUNDS	12				
Unrestricted funds:					
General fund				**95,606**	90,432
Restricted funds:					
Restricted fund				**12,414**	110,219
TOTAL FUNDS				**108,020**	200,651

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31st March 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31st March 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

(a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

STATEMENT OF FINANCIAL POSITION - continued
31ST MARCH 2022

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 18:10:2022 and were signed on its behalf by:

Gary P Bell
Chair of Trustees

The notes form part of these financial statements

1. STATUTORY INFORMATION

Headway Hertfordshire Limited is an incorporated charity registered in England and Wales. The charity registration number, together with the principal address, can be found within the reference and administrative details.

2. ACCOUNTING POLICIES

Basis of preparing the financial statements
The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Critical accounting estimates and judgements
No significant judgements or estimates have had to be made by the trustees in preparing these financial statements.

Going concern
The financial statements have been prepared on a going concern basis.

Income
All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure
Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation
The charity is exempt from corporation tax on its charitable activities.

Fund accounting
Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. ACCOUNTING POLICIES - continued

Pension costs and other post-retirement benefits
The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

3. DONATIONS AND LEGACIES

	2022	2021
	£	£
Donations	37,642	52,144
Grants	166,068	365,943
	203,710	418,087

4. OTHER TRADING ACTIVITIES

	2022	2021
	£	£
Contributions - workshops	228	-
Training	1,700	2,550
HABIT	-	35
Counselling	3,245	-
Memberships	570	300
Peer support	1,044	1,555
	6,787	4,440

5. INVESTMENT INCOME

	2022	2021
	£	£
Deposit account interest	21	38

6. CHARITABLE ACTIVITIES COSTS

	Direct Costs	Support costs	Totals
	£	£	£
Cost of charitable activities	**300,797**	**2,352**	**303,149**

7. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31st March 2022 nor for the year ended 31st March 2021.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31st March 2022 nor for the year ended 31st March 2021.

8. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2022	2021
	9	9
Administration and support		

No employees received emoluments in excess of £60,000.

9. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund	Restricted fund	Total funds
	£	£	£
INCOME AND ENDOWMENTS FROM			
Donations and legacies	298,198	119,889	418,087
Other trading activities	1,890	2,550	4,440
Investment income	38	-	38
Total	300,126	122,439	422,565
EXPENDITURE ON			
Charitable activities			
HCC contract	938	-	938
Cost of charitable activities	210,778	49,832	260,610
Total	211,716	49,832	261,548
NET INCOME	88,410	72,607	161,017

9. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted fund £	Restricted fund £	Total funds £
RECONCILIATION OF FUNDS			
Total funds brought forward	2,022	37,612	39,634
TOTAL FUNDS CARRIED FORWARD	90,432	110,219	200,651

10. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022 £	2021 £
Trade debtors	**23,136**	450
Accrued income	**7,669**	-
	30,805	450

11. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022 £	2021 £
Trade creditors	**7,115**	3,222
Social security and other taxes	**4,553**	3,557
	11,668	6,779

12. MOVEMENT IN FUNDS

	At 1.4.21 £	Net movement in funds £	At 31.3.22 £
Unrestricted funds			
General fund	**90,432**	**5,174**	**95,606**
Restricted funds			
Restricted fund	**110,219**	**(97,805)**	**12,414**
TOTAL FUNDS	**200,651**	**(92,631)**	**108,020**

12. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	**192,268**	**(187,094)**	**5,174**
Restricted funds			
Restricted fund	**18,250**	**(116,055)**	**(97,805)**
TOTAL FUNDS	**210,518**	**(303,149)**	**(92,631)**

Comparatives for movement in funds

	At 1.4.20 £	Net movement in funds £	At 31.3.21 £
Unrestricted funds			
General fund	2,022	88,410	90,432
Restricted funds			
Restricted fund	37,612	72,607	110,219
TOTAL FUNDS	39,634	161,017	200,651

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	300,126	(211,716)	88,410
Restricted funds			
Restricted fund	122,439	(49,832)	72,607
TOTAL FUNDS	422,565	(261,548)	161,017

12. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.20 £	Net movement in funds £	At 31.3.22 £
Unrestricted funds			
General fund	2,022	93,584	95,606
Restricted funds			
Restricted fund	37,612	(25,198)	12,414
TOTAL FUNDS	39,634	68,386	108,020

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	492,394	(398,810)	93,584
Restricted funds			
Restricted fund	140,689	(165,887)	(25,198)
TOTAL FUNDS	633,083	(564,697)	68,386

13. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31st March 2022.

14. MOVEMENT IN FUNDS

Henry Smith Charity, BLCF, Edward Gostling Foundation, HCF, Reaching Communities, SCT, Shanly Foundation, HCC and Clothworkers Foundation - contributions towards salaries, premises, counselling, travel and other overheads.

The funding for all of the above cover associated administration and support costs.

	At 1.4.21	Net movement in funds	At 31.3.22
	£	£	£
Henry Smith Charity	5,576	(5,576)	-
BLCF	5,332	(5,332)	-
Edward Gostling Foundation	3,750	-	3,750
HCF	674	3,563	4,236
Reaching Communities	81,021	(81,021)	-
SCT	1,000	-	1,000
Shanley Foundation	2,161	-	2,161
HCC Covid Grant	8,935	(8,935)	-
East Herts Council	1,047	-	1,047
Clothworkers Foundation	723	(504)	219
	110,219	(97,805)	12,414

15. LEASING AGREEMENTS

At 31 March 2022, the company had total commitments under non-cancellable operating leases over the remaining life of those leases of £2,708 (2021 - £9,208).

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31ST MARCH 2022

	2022 £	2021 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	**37,642**	52,144
Grants	**166,068**	365,943
	203,710	418,087
Other trading activities		
Contributions - workshops	**228**	-
Training	**1,700**	2,550
HABIT	**-**	35
Counselling	**3,245**	-
Memberships	**570**	300
Peer support	**1,044**	1,555
	6,787	4,440
Investment income		
Deposit account interest	**21**	38
Total incoming resources	**210,518**	422,565
EXPENDITURE		
Charitable activities		
Wages	**233,441**	212,500
Pensions	**4,332**	3,661
Telephone	**3,699**	3,622
Sundries	**794**	-
Travel and motor expenses	**4,525**	384
Training	**4,813**	1,438
Insurance	**1,908**	404
Computer costs	**14,361**	11,752
Bank charges	**96**	630
Donations and subscriptions	**363**	347
Advertising	**1,293**	100
Printing, postage and stationery	**2,036**	504
Rent	**7,096**	7,530
Carried forward	**278,757**	242,872

This page does not form part of the statutory financial statements

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31ST MARCH 2022

	2022	2021
	£	£
Charitable activities		
Brought forward	**278,757**	242,872
Other premises costs	**128**	8,106
Workshops, room hire and volun teer expenses	**1,745**	60
Fundraising events	**1,207**	(342)
COGMED	**-**	480
Counselling costs	**9,430**	7,110
Events and activities	**5,808**	2,522
SALT and physio program	**3,722**	-
	300,797	260,808
Support costs		
Information technology		
Governance costs	**-**	50
Professional fees	**2,352**	690
	2,352	740
Total resources expended	**303,149**	261,548
Net (expenditure)/income	**(92,631)**	161,017

This page does not form part of the statutory financial statements