






MEMORY APPS FOR IPADS and TABLETS

Apps can be a great way to work on exercising and improving your **memory**. You can find some of the apps we've listed below on the website [MyTherapy](#). Everything you find on the website has been approved by the NHS.



On the website you will find lots of apps relevant to patients who have had a [stroke](#) or other [brain injury](#). Take a look at those listed on the site under 'thinking'

Here are some of our favourites:

NAME OF APP	LOGO	TYPE OF APP	SUITABLE FOR
PEAK		Cognitive skills	Apple and android <i>(limited parts are free)</i>
MATCHES 2		Working memory card matching game	Apple only
LUMINOSITY		General cognitive training	Apple and android <i>(limited parts are free)</i>
MAHJONG		Memory matching game	Apple and some android.
IMIMIC		Memory game – focuses on sequencing	Apple only
VISUAL MEMORY 2		Visual memory game	Android

USEFUL WEBSITES

These fantastic websites have details of more Apps, information about the brain and some have other games and brain teasers that you can play. Simply click on the relevant image to be taken to the website!



Note: some of what these websites offer is free, others are paid for.

